

DEDICATION

For my mom, (My #1 fan)

You let me be me.



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My name is Alison but my mom calls me Ali.



One day, in the spring, Mommy and I were outside in the garden.



It was a sunny day.

When we were pulling weeds, I looked up at her and asked, "Shoes off, Mommy? Shoes off?"



"Okay Ali," she said, and then she bent down to take off my rubber boots.



I could feel the soil underneath my bare feet.



"Ahh! It's squishy!"

I twisted and turned in the squishy soil, and my feet got dirty, but it didn't bother me.



I was free!

One day, in the summer, Mommy and I went to the beach.



It was a hot day.

When we stepped in the sand, I looked up at her and asked, "Shoes off, Mommy? Shoes off?"



"Ok Ali," she said, and then she bent down to take off my sandals.



I could feel the sand underneath my bare feet.



"Ouch! It's hot!"

I jumped up and down in the hot sand, but it didn't bother me.



I was free!

One day, in the fall, Mommy and I went to the park.



It was a windy day.

When we stepped on the grass,
I looked up at her and asked,
"Shoes off, Mommy? Shoes off?"



"Okay Ali," she said, and then she bent down to take off my tennis shoes.



I could feel the grass underneath my bare feet.



"Oh! It's wet!"

I ran through the wet grass, but it didn't bother me.



I was free!

One day, in the winter, Mommy and I went to see the ballet.



It was a chilly day.

When the lights went down, I looked up at her and asked, "Shoes off, Mommy? Shoes off?"



"Okay Ali," she said, and then she bent down to take off my fancy shoes.



I could feel the concrete floor underneath my bare feet.



"Brrr! It's freezing!"

I wiggled my toes on the cold floor, but it didn't bother me.



I was free!

After the show, I told Mommy I wanted to be a dancer when I grew up.



"Okay Ali," she said, and then she bent down to give me a kiss.

So Mommy took me to every kind of dance class.



Tap class, jazz class, and ballet class.

I was happy, but something didn't feel right.



Then one day, Mommy took me to a modern dance class.



The teacher said to the class, "Shoes off, everyone."

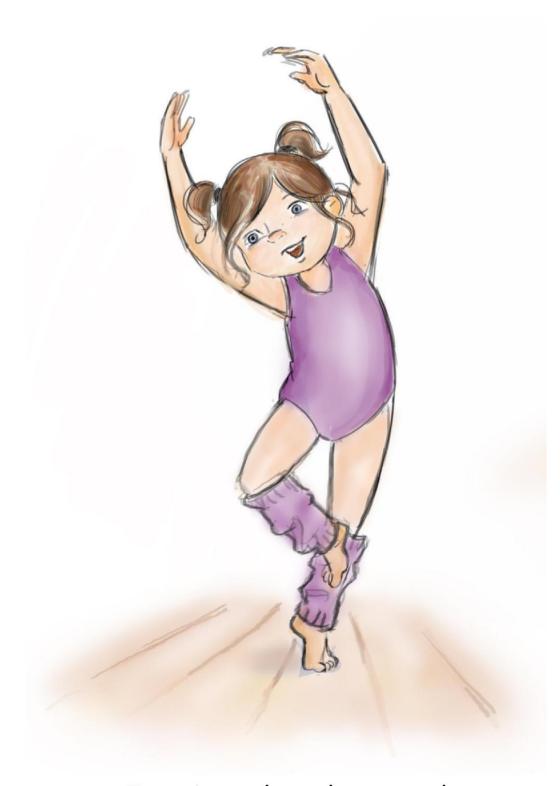


I looked up at Mommy with a big grin and said, "Shoes off, Mommy!

Shoes off!"

I could feel the dance floor underneath my bare feet.



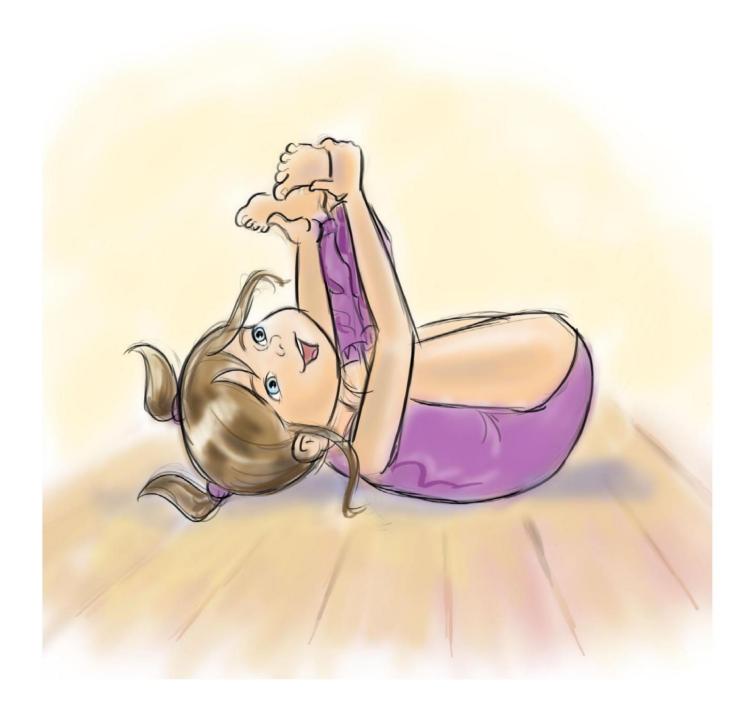


I twisted and turned.



I ran and jumped,

and wiggled my whole body.



My feet were sore, but it didn't bother me.





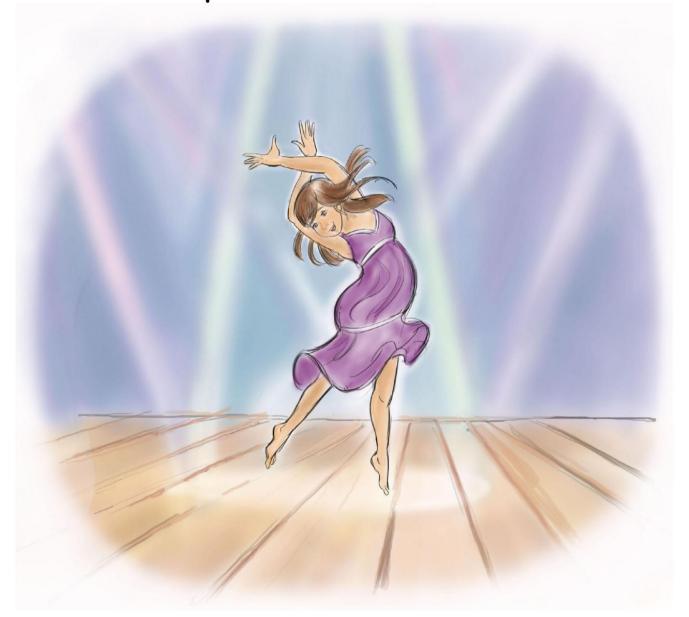
I was free!

After weeks, months, and years of rehearsals, it's show time now.



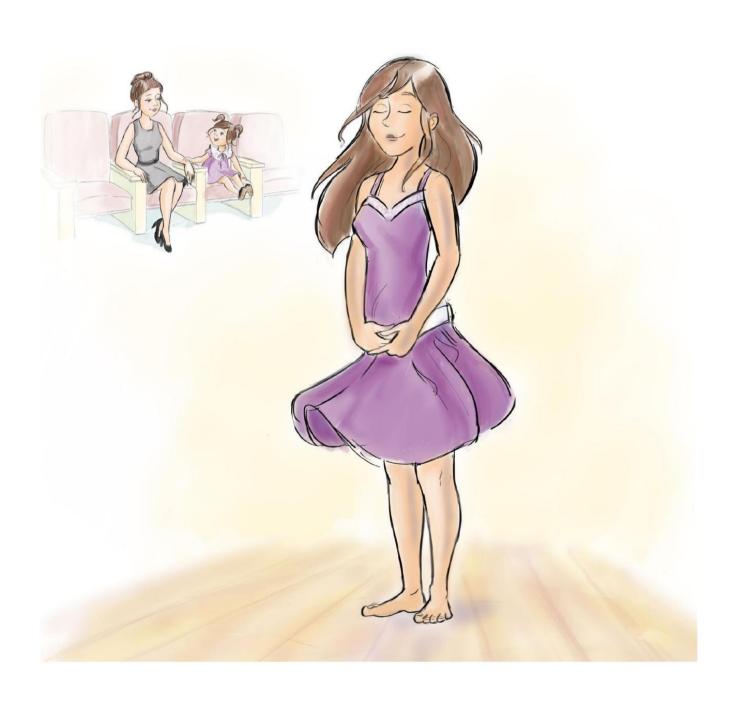
Today is my big day!

I can feel the stage underneath my feet as I practice behind the curtain.



Suddenly, the stage manager shouts, "Places everyone!"

My heart begins to race and I am nervous. But I take a deep breath and I remember those times with my mom.



The curtain opens and the lights come up. I begin to dance, and although my feet are tired, it doesn't bother me.



Because never in my life have I ever felt *So free!*





Author and dance educator Alison Rose and illustrator Kathleen Vaslett-Carr team up together in this inspirational story about a young girl's journey to become a professional modern dancer.

I twisted and turned.
I ran and jumped.
I could feel the dance floor underneath my bare feet, and I was free!





